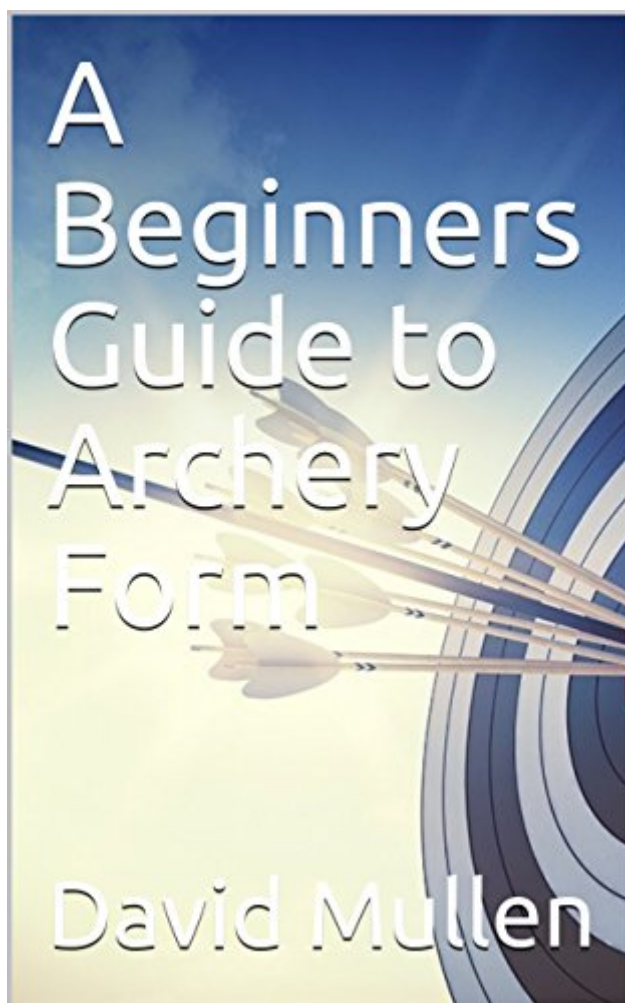


The book was found

A Beginners Guide To Archery Form



Synopsis

Developing proper archery form is as critical as having a well tuned bow and the correct arrows. Even the best bow on the market will not perform with any great accuracy without proper form. There are many elements involved with archery form and as a beginner it can be quite frustrating at first but when practiced good archery form will become second nature to you. As a beginner, you may find yourself saying "I did that shot the same as the last but the arrows are way off target." This is quite common and is it worth remembering that archery is unforgiving and even the slightest of error can cause your arrows to wander off target. This book will guide you through the key parts of archery form; stance, grip, finger position, preparing the shot, drawing the bow, anchoring, aiming, loosing and follow through. The book also contains common problems with form and consistent shooting, and how to resolve these issues. This is the best place to start for beginners and for those wishing to improve their form and find consistency in finding the center of the target.

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Customer Reviews

Fantastic book if you are new to archery or looking to get started! Great explanation of the tools you will need to be successful

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